

GREAT BUYS AT YOUR HEALTH STORE

heroes

FOR BONES & JOINTS



Want healthy joints? Try **Collagen Plus**, the acclaimed 3-in-1 nutritional drink (equivalent to 18 tablets per serving) with three key ingredients: Collagen 7500mg, Glucosamine 1000mg and Chondroitin 800mg

What's it do? Helps to rebuild and maintain the cartilage, bone strength and flexibility in joints – a recent study showed Collagen can 'reduce pain, stiffness and immobility associated with arthritis'

Where from? **Arthrovite Ltd**, the leading UK Collagen specialists, www.arthrovite.com, on 0800 0181 282 and in all good health stores

Want happy bones? Choose award-winning **The Mineral Salt**

How so? It replaces table salt with 50% organic wrack seaweed – sustainably harvested from the Scottish Outer Hebrides – and 50% soil association certified unrefined sea salt, from the Lizard peninsula, Cornwall

Sounds good! It is good. A tasty and easy way to feed your bones the full spectrum of minerals, trace elements and micro nutrients they need to maintain good health – widely endorsed by nutritionists and medical practitioners

How much? The 100g glass jar with a shaker screw cap is £4.95

Where do I buy!? Available from all good natural food stores and delicatessens. For your nearest stockist enter 'stockists' in the search box at www.seagreens.co.uk or call 0845 064 0040



Try: Mason's Dog Oil

Why buy: Dog Oil has an ideal viscosity for massage from its mineral and vegetable oils ingredients. It's odourless, free from drugs and GMOs and not tested on animals

Who's it for? People! Though it was used therapeutically on racing dogs in the 1920s, hence the name. Still made by the same family too

From? All good health food shops. www.dogoil.co.uk or call 01706 379817 for local stockists

HIGHER NATURE®

introduces

THE HERBALS RANGE

High-quality, licensed herbal medicines, traditionally used to help manage a range of conditions

NEW



Traditional herbal medicinal products for use in the indications specified above, exclusively based on long-standing use as traditional remedies. Higher Nature® Feverfew Migraine Relief is for people who have previously received a doctor's diagnosis for migraine. Always read the label.

HIGHER NATURE®
NUTRITIONAL EXCELLENCE
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For further information, please call:
Orders: Freephone 0800 458 4747
Nutritional advice: 0870 066 4478
Available at all good independent Health Food stores