

THE CITY OF YORK
is dishing up a
menu of over 75
events for its
second annual
Festival of Food
and Drink, 19-27
September. Don't
miss the live
cookery theatre, a
marketplace selling
Yorkshire's finest
produce, wine and beer tastings and the many special
offers to be snapped up. For more details, call the
festival hotline on 01904 554430 or visit its web site at
www.york-tourism.co.uk.

YORK
Festival
OF
Food &
Drink



AS AN ALTERNATIVE to salt or as an interesting addition to herbs and spices, try some ground seaweed. It has a subtle, slightly salty flavour, with a nutty edge when baked.

This seaweed contains over 50 essential nutrients and has been certified as organic.

Available in 60g packets, £3.99, or with a mill, £28. For

stockists, call Seagreens
on 0171 723 5968.

